

Hands-on course , 3  
day(s)  
Ref : BOF

### Participants

Business Management, IT /  
IS Auditors, Internal Auditors,  
Information Security and IT  
Practitioners; Consultants,  
IT/IS Management looking  
to gain an insight into the  
Enterprise Governance of IT.

### Pre-requisites

No mandatory prerequisites  
although some experience  
in IT or related fields is  
recommended.

### Next sessions

# COBIT® 5, Foundation, Certification

## OBJECTIVES

*This three day IT Governance Foundation Course provides an overview the main concepts of IT Governance according to COBIT® 5 and how they can be applied. COBIT® 5 provides a comprehensive framework that assists enterprises create optimal value from IT by maintaining a balance between benefits, risks and resource use.*

### 1) The key features of COBIT® 5

### 2) The COBIT® 5 principles

### 3) The COBIT® 5 enablers

### 4) COBIT® 5 implementation

### 5) Process capability assessment model

### 6) Exam

## Certification

*This course is followed by a 40 minutes COBIT® 5 Foundation certification exam.*

## 1) The key features of COBIT® 5

- The Reasons for the Development of COBIT® 5.
- The History of COBIT®.
- The Drivers for developing a Framework.
- The Benefits of using COBIT® 5.
- The COBIT® 5 Format & product Architecture.
- COBIT® 5 and Other Frameworks.

## 2) The COBIT® 5 principles

- Topic 1: Enabler Focus.
- Topic 2: Control Objectives to Management Practices.
- Topic 3: From COBIT® 4.1 Management Guidelines to COBIT® 5: Enabling Processes Guidelines.

## 3) The COBIT® 5 enablers

- Enabler 1 – Principles, Policies and frameworks.
- Enabler 2 – Processes.
- Enabler 3 – Organisational Structures.
- Enabler 4 – Culture, Ethics, and Behaviour.
- Enabler 5 – Information.
- Enabler 6 – Services, Infrastructure and Applications.
- Enabler 7 – People, Skills and Competencies.
- Walk Through on using Goals cascade to scope Processes.

## 4) COBIT® 5 implementation

- The Life cycle Approach.
- Inter related components of the life cycle.
- Understanding the enterprise internal and external factors.
- Key success factors for implementation.
- The seven phases of the Life Cycle model explained.
- The seven Change Enablement characteristics used in the life cycle.
- Change Enablement relationships to the Continual Improvement Life Cycle.
- Making the Business case.

## 5) Process capability assessment model

- What is a process assessment.
- What is the COBIT® Assessment Programme.
- The differences between a capability and maturity assessment.
- Overview of the COBIT® Capability Model & Assessments.
- The Process Reference Model (PRM). The Process Assessment Model (PAM).
- The Measurement Framework.
- Introduction to the Assessor Training Steps.

## 6) Exam

- Preparation for the exam.
- Taking the exam.